



**ELDRED CENTRAL  
SCHOOL DISTRICT  
SCHOOL MENU  
May 2019  
High School Menu**

**Breakfast Menu**

Sausage and Cheese Bagel  
Egg and Cheese Bagel  
Whole Grain Bagels/Cereal

**Menu Subject to Change:**

7-8 must have 1/2 cup of fruit  
3/4 cup of vegetables  
9-12 Must be 1cup fruit & Veg.  
Full Lunch: \$2.75  
Reduced \$0.25  
Free \$0.00

**Daily Sandwiches per request**

Monday: Ham & Cheese  
Tuesday: Salami & Cheese  
Wednesday: Turkey  
Thursday: Bologna  
Friday: Tuna or Egg Salad  
Chef Salads/Pizza



**Wed. May 1st**

Baked Chicken  
W.G. Rice /Brocc.  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Thurs. May 2nd**

Pasta with Meat Sauce  
Carrots  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Fri. May 3rd**

Cheese/Pepp. Pizza  
Tuna Salad Sand.  
Green Beans  
Fresh Fruit  
Low Fat Milk Choices

**Mon. May 6th**

Toasted Cheese Melt  
Tomato Soup  
Green Beans  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Tues. May 7th**

Cheeseburger/Hamburger  
Lett./Tom./Oven Fries  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Wed May 8th**

Chicken Faj. Wrap  
Lett./Tom./Bean Salad  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Thurs. May 9th**

Soft Shelled Tacos  
Lett./Tom  
Bean Salad  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Fri. May 10th**

Cheese/Pepp. Pizza  
Egg Salad Sand.  
Carrots  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Mon. May 13th**

Popcorn Chicken  
W.G. Rice/Corn  
Assorted Dipping Sauce  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Tues. May 14th**

Hot Dog on W.G. Bun  
Sauerkraut/B.Beans  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Wed. May 15th**

Chicken/Cheese Quesadillas  
Lett./Tom./Brocc.  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Thurs. May 16th**

Meatball Hero  
Carrots  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Fri. May 17th**

Cheese/Pepp. Pizza  
Tuna Salad Sand.  
G. Beans  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Mon. May 20th**

Chicken Sand.  
Lett./Tom./Corn  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Tues. May 21st**

French Toast Sticks  
Oven Fries/Sausage  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Wed. May 22nd**

Chicken Faj. Wrap  
Lett./Tom./Bean Salad  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Thurs. May 23rd**

School Closed

**Fri. May 24th**

School Closed

**Mon. May 27th**

Memorial Day  
School Closed

**Tues. May 28th**

School Closed

**Wed. May 29th**

W.G. Chicken Nuggets  
W.G. Rice/Corn  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Thurs. May 30th**

Soft Shelled Taco  
Lett./Tom./Carrots  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Fri. May 31st**

Cheese/Pepp. Pizza  
Tuna Salad Sand.  
G. Beans  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**ELDRED**