



**ELDRED CENTRAL  
SCHOOL DISTRICT  
SCHOOL MENU  
Feb. 2019  
High School Menu**

**Breakfast Menu**

Sausage and Cheese Bagel  
Egg and Cheese Bagel  
Whole grain Bagels/Cereal  
**Full Breakfast \$2.00**

**Menu Subject to Change:**

7-8 Must have 1/2 cup of fruit & Veg.  
9-12 Must be 1cup fruit & Veg.  
Full Lunch: \$2.75  
Reduced \$0.25  
Free \$0.00

**Daily Sandwiches**

Monday: Ham & Cheese  
Tuesday: Salami & Cheese  
Wednesday: Turkey  
Thursday: Bologna  
Friday: Tuna or Egg Salad  
Chef Salads/Pizza



**Fri. Feb. 1st**  
Cheese/Pepp. Pizza  
Tuna Salad  
Lett. Salad  
Fruit  
Low Fat Milk Choices

**Mon. Feb. 4th**  
Popcorn Chicken  
Corn  
Assorted Dipping Sauce  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Tues. Feb. 5th**  
Seasoned Beef  
Nachos with Cheeses  
3 Bean Salad  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Wed. Feb. 6th**  
Hot Dog  
Sauerkraut/Baked Beans  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Thurs. Feb. 7th**  
Meatball Parm.  
Brocc.  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Fri. Feb. 8th**  
Cheese/Pepp. Pizza  
Egg Salad Sand.  
Lett. Salad  
Fresh Fruit  
Low Fat Milk Choices

**Mon. Feb. 11th**  
BBQ Chicken Wrap  
Lett./Tom./Cheese  
Corn  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Tues. Feb. 12th**  
Cheeseburger/Hamburger  
Oven Fries/Pickles  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Wed. Feb. 13th**  
Chicken Faj. Wrap  
3 Bean Salad/Lett./Tom/Ch.  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Thurs. Feb. 14th**  
Toasted Cheese Melt  
Tomato Soup/G. Beans  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Fri. Feb. 15th**  
Cheese/Pepp. Pizza  
Tuna Salad  
Lett. Salad  
Fresh Fruit  
Low Fat Milk Choices

**Mon. Feb. 18th**  
President's Day  
School Closed

**Tues. Feb. 19th**  
Chicken Nuggets  
Rice/Corn  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Wed. Feb. 20th**  
Corn Dog  
Carrots  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Thurs. Feb. 21st**  
Chicken Parm w/Pasta  
Green Beans  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Fri. Feb. 22nd**  
Cheese/Pepp. Pizza  
Egg Salad  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Mon. Feb. 25th**  
Chicken Sand.  
Lett./Tom./Cheese  
Brocc.  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Tues. Feb. 26th**  
Chicken Taco Wrap  
Lett./Tom./Cheese  
3 Bean Salad  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Wed. Feb. 27th**  
French Toast Sticks  
Oven Fries/Sausage  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**Thurs. Feb. 28th**  
Mac. and Cheese  
Green Beans  
Fresh or Chilled Fruit  
Low Fat Milk Choices

**ELDRED**

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