



**ELDRED CENTRAL
SCHOOL DISTRICT
SCHOOL MENU
March 2019
High School Menu**

Breakfast Menu

Sausage and Cheese Bagel
Egg and Cheese Bagel
Whole Grain Bagels/Cereal

Menu Subject to Change:

7-8 must have 1/2 cup of fruit
3/4 cup of vegetables
9-12 Must be 1cup fruit & Veg.
Full Lunch: \$2.75
Reduced \$0.25
Free \$0.00

Daily Sandwiches per request

Monday: Ham & Cheese
Tuesday: Salami & Cheese
Wednesday: Turkey
Thursday: Bologna
Friday: Tuna or Egg Salad
Chef Salads/Pizza



Fri. March 1st
Cheese/Pepp. Pizza
Tuna Salad
Lett. Salad
Fruit
Low Fat Milk Choices

Mon. March 4th
Chicken Nuggets
Assorted Dipping Sauce
Corn
Fresh or Chilled Fruit
Low Fat Milk Choices

Tues. March 5th
Seasoned Beef/Cheese
Nachos/3 Bean Salad
Fresh or Chilled Fruit
Low Fat Milk Choices

Wed. March 6th
Hot Dog
Sauerkraut/Baked Beans
Fresh or Chilled Fruit
Low Fat Milk Choices

Thurs. March 7th
BBQ Chicken Wrap
Brocc.
Fresh or Chilled Fruit
Low Fat Milk Choices

Fri. March 8th
Cheese/Pepp. Pizza
Egg Salad Sand.
Lett. Salad
Fresh Fruit
Low Fat Milk Choices

Mon. March 11th
Toasted Cheese Melt
Tomato Soup/G. Beans
Fresh or Chilled Fruit
Low Fat Milk Choices

Tues. March 12th
Cheeseburger/Hamburger
Oven Fries
Fresh or Chilled Fruit
Low Fat Milk Choices

Wed. March 13th
Chicken Faj. Wrap
Carrots
Fresh or Chilled Fruit
Low Fat Milk Choices

Thurs. March 14th
Pasta w/Meatballs
Brocc.
Fresh or Chilled Fruit
Low Fat Milk Choices

Fri. March 15th
Cheese/Pepp. Pizza
Tuna Salad
Lett. Salad
Fresh Fruit
Low Fat Milk Choices

Mon. March 18th
Baked Chicken
Oven Fries/Carrots
Fresh or Chilled Fruit
Low Fat Milk Choices

Tues. March 19th
Sloppey Joe
Brocc.
Fresh or Chilled Fruit
Low Fat Milk Choices

Wed. March 20th
Opened Faced Turkey Sand.
Mashed Potatoes/Corn
Fresh or Chilled Fruit
Low Fat Milk Choices

Thurs. March 21st
Chicken Taco
3 Bean Salad
Fresh or Chilled Fruit
Low Fat Milk Choices

Fri. March 22nd
Cheese/Pepp. Pizza
Egg Salad/Toss Salad
Fresh or Chilled Fruit
Low Fat Milk Choices

Mon. March 25th
Popcorn Chicken
Rice/Corn
Assorted Dipping Sauce
Fresh or Chilled Fruit
Low Fat Milk Choices

Tues. March 26th
French Toast Sticks
Oven Fries/Sausage
Fresh or Chilled Fruit
Low Fat Milk Choices

Wed. March 27th
Baked Chicken
Mashed Potatoes/Carrots
Fresh or Chilled Fruit
Low Fat Milk Choices

Thurs. March 28th
Meatball Hero
Brocc.
Fresh or Chilled Fruit
Low Fat Milk Choices

Fri. March 29th
Cheese/Pepp. Pizza
Tuna Salad Sand.
Fresh or Chilled Fruit
Low Fat Milk Choices

ELDRED